



CSCP Dog Therapy Program

Community is stronger than cancer

Summer 2021



Hello CSCP Friends!

At long last, Cancer Support Community Pasadena (CSCP) is pleased to announce that we intend to begin resuming in-person programs in August 2021. We are planning for a gradual rollout of in-person support groups and other programs to ensure that we reopen

safely and thoughtfully.

In addition to in-person programs, CSCP will continue to offer virtual programs.

What you need to know:

- All CSCP office staff and support group facilitators are fully vaccinated.
- Prior to reopening, CSCP's facility will be thoroughly cleaned and disinfected, including the entire carpet area. Air purifiers are already up and running throughout the facility.
- To participate in in-person programs and meetings, CSCP will ask for proof of vaccination (vaccine card, image of vaccine card or health care document) showing vaccination status. Upon proof of vaccination, you will be given a small vaccine verification card to show at CSCP's entrance for future visits.
- For those who are not fully vaccinated, virtual programs will continue for your participation.
- Masks are optional in the facility for fully vaccinated persons.
- *While social distancing will not be required for in-person programs, staff and members are encouraged to consider in-person practices that minimize potential for exposure to germs.*
- Each month, members will receive an email announcing in-person programs that will resume in the month ahead.
- Our online calendar of programs will indicate whether a program is in-person, virtual, or hybrid.

- CSCP's kitchen and fitness room are currently closed until further notice.

- Stay home if you are exhibiting signs of illness or fever.

CSCP's reopening plan may change pending federal, state, and local guidelines. Additional information regarding reopening, including FAQs and safety guidelines, is posted on CSCP's rwebsite.

Our goal is to operate safely in-person and to continue to provide meaningful services to our community. Thank you for your support and patience as we navigate this "new normal". We look forward to seeing you, in-person or via Zoom!

Patricia V. Ostiller, JD, CFRE
Executive Director



Upcoming CSCP-City of Hope Virtual Workshops

CSCP and City of Hope's year-long collaboration on Cancer Awareness Month programming continues to provide opportunities to hear from health experts on various cancers. Please mark your calendars for the following workshops:

- **September 21 at 6 p.m.:** Thyroid Cancer, presented by Dr. Sasan Fazeli.
- **October 18 at 6 p.m.:** Breast Health, presented by Dr. Katherine Schulz-Costello.
- **November 2 at 6 p.m.:** Topic is Pancreatic Cancer. Presenter to be determined.



CSCP Addresses the Digital Divide

Throughout the coronavirus pandemic, CSCP members have praised our virtual programs for their availability and ease. However, a "Digital Divide" remains: people must have access to the internet and a technological device in order to participate in online programs. Simply put, not everyone has this.

CSCP has addressed this Digital Divide - with generous grant funding from the Foundation of San Marino Community Church and the Rotary Club of San Marino - by establishing a "lending library" at CSCP. Due to this thoughtful support, CSCP was able to invest in iPads and mobile Wifi hotspots to assist those members in need.

With the help of dedicated volunteer José Bernal, CSCP began lending out the iPads and hotspots to Spanish-speaking members this past spring, enabling them to obtain the proper equipment to participate in our virtual programming.

The result is that once-isolated members are now able to Zoom into CSCP's weekly Grupo Fuerza y Esperanza support group, Yoga en Español healthy lifestyle class, and various educational workshops. CSCP's lending library serves as one action in our larger commitment to pursue diversity, equity, and inclusion initiatives.

If you need technological equipment to attend CSCP's virtual programs, please contact Rachel Koonse, Program Director, at r.koonse@cscpasadena.org.

Getting Started at CSCP

If you know someone who could benefit from one of our online support groups - whether in a patient, caregiver, survivor, or bereavement group - please let them know that CSCP is continuing to welcome individuals and families virtually. And starting in August, we'll be resuming some in-person services, including support groups. For more information, visit www.cscpasadena.org/gettingstarted.



Dana and Mike Naples

Your Appreciated Stocks Can Help CSCP

Did you know that your appreciated stocks can help CSCP further its mission, while also providing you with tax benefits? It's simple to do.

Just ask Mike Naples, former CSCP Director and Senior Vice President - Wealth Management at UBS in

Pasadena. He's a big fan of this approach to providing charitable gifts. In fact, Mike and his wife, Dana, who is a current CSCP Director, regularly contribute in this manner to support CSCP programs. "Giving appreciated stocks helps to minimize your tax exposure, since you transfer shares directly to the organization and avoid paying capital gains tax on the appreciated value," he explains. "And you get a tax deduction for the donation, too."

Leaving the world a better place is easy through many planned giving options, including appreciated stocks, retirement funds, or a bequest. Your legacy gift now will ensure that CSCP is there far into the future to alleviate the suffering that cancer brings. It's also a sound financial investment.

For further details about this and other planned giving opportunities, please visit www.cscpasadena.org/plannedgiving. *Imagine the future...What's your legacy?*



LNO
Committee
hard at work
planning for
October 7th!

**10
07
21**

Save the date for
*Ladies
Night
Out*
ALTADENA, CA
At the gorgeous
home of Alison &
Mark Gamble



Back to the Future: The Power of Immunotherapy

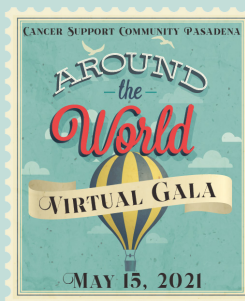
Compassionate care, reduced stress, and social support. Who would have thought of these measures as a form of immunotherapy?

Alexandra Levine, M.D., M.A.C.P., a professor at COH's Hematologic Malignancies and Stem Cell Transplantation Institute, presented on this very subject at CSCP on May 11. Her talk focused on the intuitive aspects of immunotherapy and innovations in this treatment approach. Dr. Levine explained that immunotherapy has strong historic roots.

Centuries ago, medical doctors observed that attending to psychosocial aspects of treatment improved clinical outcomes by leveraging the body's natural immune response. A strong social support system is correlated with treatment and medication adherence, promotes a healthier lifestyle, and equips patients with better coping skills - all of which can enhance the chances of survivorship.

Dr. Levine also outlined types of modern-day immunotherapy. She described how there are several forms, including cell therapy, checkpoint inhibitors, vaccines, and oncolytic virus therapy. Immunotherapy treatments are often offered in combination with other treatments, such as chemotherapy. Dr. Levine also shared that there is much new research on this treatment approach.

This informative presentation underscored the importance of patient access to novel medical treatments, as well as the tangible impact of CSCP's supportive care programs.



Thank You For Traveling With CSCP

This year's Angel Gala truly was a trip *Around the World*, with audiences joining virtually from the hills of Montreal to the sandy beaches of Hawaii - all in support of the programs we offer free to anyone in our community seeking support. Because of your tremendous generosity, we raised \$250,000!

Thanks to each and every one of you for opening your hearts and sharing your resources so generously for families facing cancer - we are forever grateful!



San Marino Motor Classic Benefits Cancer Patients and Their Families

CSCP is thrilled to once again be a beneficiary of proceeds from the San Marino Motor Classic's upcoming Symphony of Cars Gala on August 21, 2021. "Since 2018, Aaron Weiss, founder of the San Marino Motor Classic, has generously included CSCP among the charitable recipients of this terrific event," says Patricia Ostiller, CSCP's Executive Director. "The \$65,000 that SMMC has donated to CSCP in years past has been vital to underwriting the programs we provide to people impacted by cancer in our community."

This year's motor classic comprises a weekend full of unique events, including an automotive art exhibit and sale, a gala, and an exhibit of auto-themed watches, as well as the outstanding automotive exhibit and contest. "We can't wait to attend these fun and engaging events in beautiful Lacy Park on a summer weekend," adds Kim Ferreira, CSCP's Director of Events and Marketing. "Especially because we couldn't do so last year."

For tickets and more information about the San Marino Motor Classic, visit www.sanmarinomotorclassic.com.

CANCER SUPPORT COMMUNITY PASADENA BENEFACTORS SOCIETY 2021



2021 has been a record year for CSCP's Benefactors Society. We have added seven new Patron members to this special group of donors who are true champions of people facing cancer here in our community. "We try to take care of all of our donors, but there is a special place in our hearts for Benefactors and Patrons. Their unrestricted annual gifts (\$20,000 for Benefactors and \$10,000 for Patrons) give us a foundation that we can count on each year," says Patricia Ostiller, Executive Director.

BENEFACTORS (\$20,000+):

Ellen and Harvey Knell, Lead Benefactors*
Terri and Jerry Kohl*
Lee and Mickey Segal

PATRONS (\$10,000 - \$19,999):

LeAnn and Michael Healy, Lead Patrons	Dana and Mike Naples
Melissa Alcorn/Anderson & Murison	Julie and Scott Nesbit*
Karen and Frank Beardsley	Patricia and Steve Ostiller
Terry Beyer	Sue and Steve Ralph
The Havner Family Foundation	Sue and Steve Silk
Ann and Michael Malone	Susie and Brad Talt
Chris Mitchell	

*Founding Benefactors**

Benefactors Society members receive exclusive benefits each year, including event tickets and tables, complimentary Guild membership, an annual appreciation dinner at Bistro45, and more. If you're interested in joining the 2021 Benefactors Society, CSCP is hosting a special reception on Sunday evening, September 12th at a private home in San Marino. Please call 626-796-1083 or email Patricia at p.ostiller@cscpasadena.org.

CSC Logo Refresh

CSC HQ and affiliates across the country have updated their logos. Our new tagline, "community is stronger than cancer" communicates that our power lies in the breadth and depth of our local community. Thank you for appreciating the importance of community for families facing cancer.

The mission of CSCP is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

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